



Returning to Pakistan

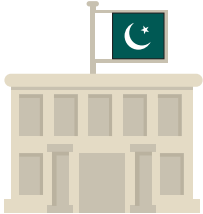


Returning to Pakistan

This document provides information and details of organisations which may be useful if you are facing removal or deportation to Pakistan.

While every care is taken to ensure that the information is correct this does not constitute a guarantee that the organisations will provide the services listed.

Your Embassy in the UK



High Commission for the Islamic Republic of Pakistan

35-36 Lowndes Square, London SW1X 9JN

Tel: 020 7664 9284 **Fax:** 020 7664 9224

Email: poldiv@phclondon.org

www.phclondon.org

Consular Division

34 Lowndes Square, London SW1X 9JN

Monday to Thursday 10.00-12.30 & Friday 10.00-12.00

In addition, Pakistan has another 4 UK Consulates in Birmingham, Manchester, Bradford and Glasgow. Contact details for these consulates can be found here:

www.phclondon.org/consulates

Travel documents



A valid Pakistani passport can be used to remove you from the UK to Pakistan. If you do not have a valid passport an application will be made for an emergency travel document (ETD). The application form for an ETD can be found on the website of the Pakistani High Commission here: **www.phclondon.org/forms**.

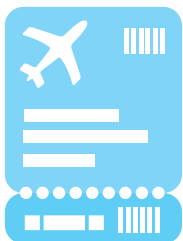
If there are any children as part of the family who also require a travel document, a separate travel document is required for any children aged 12 or over. The child must sign the relevant forms accordingly. For all children under 12 years, if the child is part of a family application, then the only requirement for the child is a completed bio data form. The parent must sign the relevant forms accordingly. A full UK birth certificate is required for children born in the UK.

To facilitate the application for a travel document you will need to submit supporting evidence such as expired passport, copies of passport, national identity card, driving licence or birth certificate.

Return

If you are willing to return and want to ensure that you are returned to Pakistan as soon as possible you can:

- Contact your caseworker at the Home Office to say that you are willing to return;
- Make every effort to find supporting documentation for issuing of travel documents;
- Make contact with the Pakistani High Commission to begin the process of obtaining a travel document.

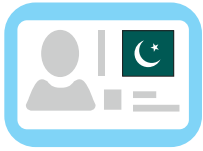


You may find it useful to read the information below to begin preparing for your return.

Documentation in Pakistan

All citizens over the age of 18 are eligible for the Computerized National Identity Card (CNIC). The CNIC is mandatory in order to be able to vote in elections and may be required when opening a bank account, applying for a passport or when purchasing property or land. If





applying for a CNIC for the first time you will need to submit the CNIC number of an immediate relative and a birth certificate, school certificate or a citizenship certificate. The fee for a CNIC is currently Rs 200. For more information on how to apply see www.nadra.gov.pk

There is an equivalent card, the National Identity Card for Overseas Pakistanis (NICOP) which can be obtained in the UK and used when in Pakistan. The card can be applied for by post on completion of the correct application form. Details can be found here: www.phclondon.org/nadra



Accommodation

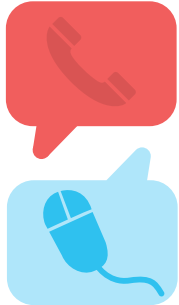
There is no social housing in Pakistan. An individual returning to Pakistan will need to have money in order to rent accommodation or rely on relatives or friends. It may be particularly difficult for a lone female, given the traditions and culture in Pakistan, where a woman normally must be accompanied by a “Maharam” male guardian.



Health

Pakistan does not have a national health insurance system. Therefore medical services are extremely limited unless you are able to pay for them.

Access to healthcare varies depending on region. Major hospitals can be found in large cities such as Lahore, Islamabad, Faisalabad and Karachi. However, access to healthcare may be limited in rural areas due to a lack of healthcare infrastructure. Public healthcare can be difficult to access due to oversubscription and a lack of resources. It is for this reason that the majority of healthcare in Pakistan is administered in the private sector. To access public healthcare you must register at your local hospital. You may be required to pay a small fee for this. You will then be directed to the relevant department for consultation. You may also be charged a fee for any tests carried out or medicines prescribed.



Emergency support

While large firms and public sector employers may provide some employee benefits in old age or disability, there is no state social security system for the unemployed, sick or elderly in Pakistan. Any emergency support comes from faith and charitable organisations.

Employment, education and training

Pakistan provides free, compulsory education for children between the ages of 5 and 16. Despite this, poverty is often a barrier to education and in some areas girls may be discouraged from attending school by cultural or religious practices.

Skills training

There are a number of regional skills development and training councils in Pakistan who provide vocational and professional training courses.

Skills Development Council Islamabad
www.sdc.com.pk/index.html

Skills Development Council Karachi
www.sdckarachi.org.pk

Employment

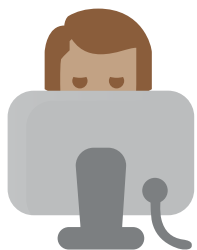
In many areas employment is found through word of mouth and contacts. Generally contacting employers by letter or in person to locate vacancies is the way to find employment. Multinational companies operating in Pakistan will use online application forms. The following sites contain job listings:

www.paperpkads.com
www.rozee.pk

www.new.brightspyre.com
www.bayrozgar.com

Setting up your own business

People between the ages of 21 and 45 may be eligible for the ‘Prime Minister’s Youth Business Loan’ scheme which is designed to provide subsidised financing for small businesses. For more details and eligibility criteria see www.youth.pmo.gov.pk/?page_id=21



Qualifications

If you studied in the UK you may have certificates proving you have skills and qualifications which may help you to get a job. However, employers in Pakistan may not recognise these qualifications. If this is the case, you can contact the British Council who may be able to verify any qualifications issued by an accredited UK institution. You will need to provide the original document.

The British Council has offices in Islamabad, Karachi, Multan, Faisalabad and Lahore.

Tel: (from within Pakistan) 0800-22000 **Tel:** (from abroad) 0092-4235880134

Email: info@britishcouncil.org.pk

www.britishcouncil.pk

Directory

Active Help Organisation (AHO)

Street address: House No.255/385, Street No.2, Sher-e-Rabbani Town Okara, Pakistan

Postal address: H # 1, St. # 13, Near Sanaver Center More Samanabad, Lahore, Pakistan

Tel: +92 42 36150422 **Helpline:** +92 442 20110672

Email: activehelp@gmail.com; activehelp_org@yahoo.com

www.activehelporg.com

Provision of basic medical treatment, counselling for gay and transgender people.

Al Mustafa Welfare Trust

St, 1 Block 13-C Gulshan-e-Iqbal, Karachi, Pakistan

Tel: +92 348 201017 **Fax:** +92 348 20110

Email: info@almustafa.net

www.almustafa.pk

Al Mustafa Welfare Trust has a number of free hospitals in Karachi and provides medical services from centres across Pakistan. They also provide monthly food packages to those in need, children's education and skills development.

Association of People Living with HIV & AIDS

House No 134, Street No.60 (Park Side), I-8/3, Islamabad, Pakistan

Tel: +92 51 4860074-76 **Fax:** +92 51 4860199

Email: info@theaplhiv.org.pk

www.theaplhiv.org.pk

Care and support for people living with HIV/AIDS

BRAC

House # 397, Street # 13, Sector # F-10/2, Islamabad, Pakistan

Tel: +92-51-2102879 **Email:** bracpakistan@brac.net

www.pakistan.brac.net

BRAC is a non-governmental organisation providing healthcare, education and micro-finance.

Behbud Association

NE-2D/1 Tipu Road, Rawalpindi, Pakistan

Tel: +92-51-596-2103 / 2143 **Email:** fbehbud@isb.comsats.net.pk

www.behbud.org

A non-governmental organisation providing healthcare, advocacy and vocational training to women. It also provides education for children living in slums.

Edhi Foundation

EDHI Head Office, Sarafa Bazar, Boulton Market, Mithadar, Karachi, Pakistan

Tel: +92 (21) 32413232 **Fax:** +92 (21) 32418753

www.edhi.org

Non-governmental organisation providing emergency shelters for destitute people medical treatment including disability aids and drug rehabilitation treatment.



International Organization for Migration (IOM)

House # 9, Street # 6, F-6/3, Islamabad, Pakistan

Tel: +92 51 230 7841 to 57 **Fax:** +92 51 230 7858, +92 51 230 7859

Email: sroislamabad2@iom.int

Offers resettlement and reintegration support to returnees voluntary to Pakistan

Nai Zindagi

Office No. 37-38, Top floor Beverly Center, Jinnah Avenue, Blue Area, Islamabad, Pakistan

Tel: +92 51 2874120/21

Email: naizindagi@naizindagi.com

www.naizindagi.org

Non-governmental organisation offering drug rehabilitation treatment and treatment and support for people living with HIV/AIDS. Also offers vocational skills training and employment support.

Pakistan Society

C-15 Block-12, Federal B Area, Karachi 75950, Pakistan

Tel: +92 21 6344644, +92 21 36804708 **Fax:** +92 21 36343810

Email: info@pakistansociety.org

www.pakistansociety.org

Non-governmental organisation providing drug rehabilitation treatment, testing, treatment and support for people living with HIV/AIDS, income generation activities and support groups for drug users, people living with HIV/AIDS and gay men.

Rahma Islamic Relief

314 Poonch House Adamjee Road, Saddar Rawalpindi, Pakistan

Tel: +92 51 5513117

Email: mail@rahmapk.org

Islamic organisation providing healthcare and education.

Society for Sustained Development (SSD)

House no. 24, Street 1-A, Soan Gardens, Islamabad, Pakistan

Tel: 051-4306260

Email: info@ssd.com.pk

www.ssd.com.pk

Resettlement and reintegration services for non-detained returnees.

Teen Challenge Pakistan

House 441, St 57, I-8/3, Islamabad, Pakistan

Tel: +92 51-430-2471

Email: info@teenchallengepk.org

www.teenchallengepk.org

Not for profit organisation providing drug rehabilitation treatment and aftercare.

WELDO

Office # 5-C, 3rd Floor, Abu Talal Center, Main Bostan Khan Road, Adjacent Malang CNG, Chaklala Scheme 3, Rawalpindi Cantt, Pakistan

Tel: +92 333 5064 039 **Fax:** +92(51)5704366

www.weldo.org

Provision of resettlement and reintegration assistance to some classes of returnees.



This resource was produced by Praxis Community Projects
in partnership with Hibiscus Initiatives.

Hibiscus Initiatives works with men and women in the UK who are in prison, immigration detention, requiring support in the community after leaving prison or detention to those who have been victims of trafficking. Their work includes welfare and advocacy in prisons, international resettlement, combating trafficking and volunteering and community resettlement. If you would like to know more about Hibiscus Initiatives you can contact them on the details below:

Hibiscus Initiatives

Resource for London, 356 Holloway Road London N7 6PA

Tel: +44 (0) 20 7697 4120 **Fax:** +44 (0) 20 7697 4272

Email: info@hibiscusinitiatives.org.uk

www.hibiscusinitiatives.org.uk

Praxis Community Projects works with vulnerable migrants including foreign national offenders providing advice, advocacy and casework on immigration, housing, welfare benefits.

Praxis Community Projects

Pott Street, London E2 OEF

Tel: +44 (0)20 7729 7985 **Minicom:** +44(0)20 7729 0154

Fax: +44 (0)20 7729 0134

Email: advice@praxis.org.uk

www.praxis.org.uk
